

**HAND WASHING/HEATH AND WELLNESS POLICY – 2009-10**  
**3 Year Olds through 10<sup>th</sup> Grade**

At St. Mary of the Lake we have had a long-time habit/expectation of hand washing as the student enters the classroom. This begins at age three with "Practical Life" lessons in the Sunday School atria and continues as the student progresses through the program. We make accommodations by having both soap/water and hand sanitizer available in each elementary classroom.

Given the current public health concerns regarding the H1N1 and other flu viruses we have decided to institute a formal hand washing/health and wellness policy in conjunction with all of the Religious Education Classes at St. Mary of the Lake.

Hand washing and/or hand sanitizing will take place upon entry of the classroom each week. If your student/family members have any of the following symptoms:

fever (usually high)  
sore throat

headache  
runny or stuffy nose

extreme tiredness  
muscle aches

dry cough

Please stay home and take care of yourself! We can work with each student to "make up" the missed work at a later date.

I/We have read the above policy regarding the use of hand washing/health and wellness during Religious Education Classes/Events at St. Mary of the Lake Catholic Church, Plymouth, MN. It will be honored throughout the 2009-2010 school year.

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Parent Signature/Date

**CELL PHONE POLICY**  
**For Students in 4<sup>th</sup> Grade through 10<sup>th</sup> Grade**

The time students spend at St. Mary's on Wednesdays deserves the respect and courtesy expected in our sanctuary during the Holy Mass. After reviewing a number of area school district policies regarding cell phone usage during the school day, we are now asking parents to read and sign the following information.

Cellular phones and other personal electronic devices shall be turned off and kept out of sight during instructional, devotional or service time during weekly Religious Education Classes. Students shall not use any electronic device that in any way disrupts or detracts from our educational and sacred environments. Use of cellular phones or other personal electronic devices is prohibited in classrooms, hallways and the sanctuary during scheduled class times. Students will not be allowed to leave class to respond to any electronic devices.

**Students will receive a warning from the catechist, assistant catechist or program director to turn off the device. The device will then be confiscated and returned at the end of class time. After three violations of this policy, the device will be taken and can be retrieved by the family following a personal (student and parent/s) meeting with Father Curt (scheduled at his convenience).**

I/We have read the above policy regarding the use of cellular phones and personal electronic devices during Religious Education Classes/Events at St. Mary of the Lake Catholic Church, Plymouth, MN. It will be honored throughout the 2009-2010 school year.

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Parent Signature/Date